



Alliant Wellness & Chiropractic

PATIENT APPLICATION FORM

WELCOME TO OUR CLINIC. We specialize in assisting our patients to achieve their highest level of health through our spinal and postural corrective programs. Our approach is very unique and advanced from other rehabilitative programs. This allows our patients to achieve far superior results compared to most other systems.

Please fill out the following information thoroughly so the doctor can let you know if you are a case we can accept. Please feel free to ask any questions if you need assistance. We look forward to serving you.

Patient Signature:

Today's Date:

DOB:

PATIENT APPLICATION SURVEY

Date: _____

Name: _____ (Age) _____ Gender: M F

Home Address: _____ Home Phone: () _____
City, State, Zip: _____ Work Phone: () _____
Email Address: _____ Cell Phone: () _____
Birth Date: ____/____/____ Social Security #: ____ - ____ - ____ Marital Status: S M D W
Occupation: _____ Employer Name: _____
Spouse's Name: _____ Work Phone: () _____ Cell Phone: () _____
Spouse's Employer: _____ Occupation: _____
Names of Children: _____ Ages: _____
Who may we thank for your referring you? _____

PURPOSE OF THIS VISIT

Reason for this visit – Main Complaint: _____
Is this purpose related to an auto accident / work injury? Yes No If so, when: _____
When did this condition begin? ____/____/____ Did it begin: Gradual Sudden Progressive over time
What activities aggravate your symptoms? _____
Is there anything, which has relieved your symptoms? Yes No Describe: _____
Type of Pain: Sharp Dull Ache Burn Throb Spasm Numb Tingling Shooting
Does the Pain Radiate into your: __Arm __Leg __Does not radiate Is this condition getting worse? Yes No
How often do you experience these symptoms throughout the day?: 100% 75% 50% 25% 10% Only with Activity
Does complaint(s) interfere with: __Work __Sleep __Hobbies __Daily Routine Explain: _____
Have you experienced this condition before? Yes No If so, please explain:

Who have you seen for this? _____ What did they do? _____
How did you respond? _____

EXPERIENCE WITH CHIROPRACTIC

Have you seen a Chiropractor before? Yes No Who? _____ When? _____
Reason for visits: _____
How did you respond? _____
Did your previous chiropractor take before and after x-rays? Yes No
Did you know posture determines your health? Yes No
Are you aware of any of your poor posture habits? Yes No
Explain: _____
Are you aware of any poor posture habits in your spouse or children? Yes No
Explain: _____

The most common postural weakness is Forward Head Syndrome (head and neck starting to bend forward and progressively moving downward weakening your whole body). Even less severe forms of this posture can cause many adverse affects on your overall health. Have you ever been told or felt like you carry your head forward, noticed a rounding of your shoulders or a developing "hump" at the base of your neck? Yes No

HEALTH LIFESTYLE

Do you exercise? Yes No How often? 1X 2X 3X 4X 5X per week other: _____
What activities? Running Jogging Weight Training Cycling Yoga Pilates Swimming _____
Do you smoke? Yes No How much? _____
Do you drink alcohol? Yes No How much / week? _____
Do you drink coffee? Yes No How many cups / day? _____

Do you take any supplements (i.e. vitamins, minerals, herbs)? _____

HEALTH CONDITIONS

Abnormal postural habits or distortions are the result of trauma or stress to the body that have misaligned the vertebrae in your spine. When these vertebrae are twisted from their normal position, they will cause stress to the spinal cord and the delicate nerves that pass between the vertebrae. These misalignments are called Subluxations (sub-lux-a-shuns). It has been extensively documented that subluxations, causing stress to your nerves, will weaken and distort the overall structure of your spine. This results in a weakened and distorted POSTURE. Postural distortions have many serious and adverse affects on your overall health. The most common and detrimental postural distortion is called Forward Head Syndrome (a “hunched forward” posture starting in the neck and progressively moving down your spine weakening the entire body).

Please check any health condition you may be experiencing, now or in the past on the next page.

Do you have a "back problem" or a "health problem"?

Subluxations (nerve interference or damage) cause body and mind miscommunication malfunction and dis-ease.

Please circle below the area of concern



SPINAL LEVEL	BODY PAIN	INTERNAL ORGAN OR BODY FUNCTION	COMMON INTERNAL SYMPTOMS POTENTIALLY INDICATING MALFUNCTION or "DIS-EASE"
Cranial C1, 2	Headache	All anatomical structures within the head; Brain, Cranial Nerves, Eyes, Ears, Nose, Throat, Sinuses, etc.	Spacey, dizzy, low energy, memory trouble, brain fog, ADD, ADHD, ear aches, tinnitus, nose bleeds, sinus problems, snoring, sleep disorders, sore throats, colds, influenzas, itchy & achy eyes, allergies, food sensitivity
C3	Neck	Diaphragm	Difficult to take a deep breath, chronic fatigue, anxiety, vertigo, shortness of breath, allergies
C4		Thyroid	Low = weight gain, feelings of being cold High = insomnia, nervousness, swollen glands
C5	Shoulder	Sugar Handling Function	Craving sweets, tired after eating, headaches if too long between meals, emotional instability, heart palpitations
C6	Arm	Stomach	Stomach pains after eating, needs antacids
C7	Hand	Liver	Sluggishness, sneezing, nightmares, burning feet, allergies
T1, 2	Finger	Heart	Coronary artery disease, functional heart conditions, high or low blood pressure, chest pain
T3		Lungs & Bronchi	Asthma, shortness of breath, chronic coughs, allergies
T4	Upper back	Gall Bladder	Heartburn, bloating after meals, gassy, burping, trouble with fatty foods
T5		Stomach	Heartburn, indigestion, stomach troubles, ulcers
T6		Pancreas	Craving sweets, indigestion, tired after eating, heart palpitations, emotional instability, headaches if too long between meals,
T7	Mid back	Spleen & Immune Function	Lowered resistance, immune deficiencies, frequent colds or influenzas, allergies
T8		Liver	Headaches, low energy, sneezing, nightmares, burning feet
T9		Adrenal Glands	Overwhelmed by stress, allergies
T10		Small Intestine	Digestive complaints: 1-2 hours after eating
T11, 12		Kidneys & Bladder	Decreased urine output, swollen ankles, puffy eyelids, kidney or bladder infections, high or low blood pressure
L1	Low back	Ileocecal Valve	Bad breath, flatulence, headaches when sleeping too long, dark circles under the eyes, toxicity, allergies
L2	Hip	Cecum	Digestive complaints: 1-2 hours after eating, abdominal cramps, allergies
L3	Leg	Endocrine Glands: Thyroid Pancreas, Liver, Adrenals	See organs' primary subluxation sites: C4, C5, C7, T6, T8
L4, 5	Knee, Ankle	Colon, Prostate or Uterus	Bowel problems, coated tongue, headaches, allergies, hemorrhoids, varicose veins, prostate problems, impotence, dysmenorrhea, PMS, menopause symptoms
Sacrum	Foot	Reproductive Organs	Reproductive disorders
Coccyx	Toe	Overall tone of the nervous system	Chronic depression, migraines, vertigo, dyslexia, epilepsy, ADD, ADHD, compulsive disorders, sensitivity to light, PMS, dysmenorrhea, menopause symptoms, impotence

Adjustments correct subluxations so your body can heal and function at higher levels.

REFERENCES: Fox, J. D., Ph.D., *Neuroanatomy, 3rd Edition*, Lippincott Williams & Wilkins, 2002; Kandel, E.R., Schwartz, J.H., Jessell, T.M., *Principles of Neural Science*, Appleton & Lange, 1991; Hoppenfeld, S. M.D., *Physical Examination of the Spine and Extremities*, Appleton-Century-Crofts, 1976; Netter, F.H. M.D., *The CIBA Collection of Medical Illustrations, Vol 1, Nervous System, Part 1, Anatomy and Physiology*, Ciba Pharmaceuticals Division, Ciba-Geigy Corp, 1991.

* This chart has been simplified for demonstrative purposes. It does not illustrate all intricate nerve pathways. The symptoms listed are a guide to potential effects of subluxations.*

Special thanks and recognition to Dr. Nicolai Lennox and Dr. Gurutrang Singh Khalsa in the creation of this chart. © Rosen Coaching, Inc. (800) 878-8384

Please list any health conditions not mentioned: _____

Please list any medications currently taking and their purpose : _____

Please list all past surgeries: _____

Please list all previous accidents and falls: _____

TERMS OF ACCEPTANCE

When a person seeks chiropractic and rehabilitation health care and is accepted for such care, it is essential for both parties to be working towards the same objective. As a Chiropractic & Rehab facility we have one main goal, to detect and correct/reduce the vertebral subluxation complex. It is important that each person understand both the objective and the method that will be used to attain this goal. This will prevent any confusion or disappointment.

Adjustment: An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method is by specific adjustments of the spine.

Health: A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

Vertebral Subluxation: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express it's maximum health potential.

We do not offer to diagnose or treat a disease or condition other than vertebral subluxation. Regardless of what a disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. **Our Only Practice Objective** is to eliminate a major interference to the expression of the body's innate wisdom and ability to heal. Our only method is specific adjusting to correct vertebral subluxations combined with rehabilitation procedures. NOTE: It is understood and agreed the amount paid to Abundant Life Chiropractic for x-ray, is for examination only and the x-rays will remain the property of this office, being on file where they may be seen at any time while a patient of this office.

CONSENT TO CARE

I do hereby authorize Alliant Wellness & Chiropractic to administer such care that is necessary for my particular case. This care may include consultation, examination, spinal adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays or any other procedure that is advisable, and necessary for my health care.

Furthermore, I authorize and agree to allow the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor of chiropractic named below, including those working at the clinic or office listed below or any other office or clinic, to work with my spine through the use of spinal adjustments and rehabilitative exercises for the sole purpose of postural and structural restoration to allow for normal biomechanical motion and neurological function.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures related to my health care. I understand that I am responsible for all fees incurred for the services provided, and agree to ensure full payment of all charges. I further understand that a fee for services rendered will be charged and that I am responsible for this fee whether results are obtained or not.

I understand and informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment including, but not limited to fractures, disk injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interests. The doctor will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another health care practitioner, or are not related to the spinal structural conditions treated at this clinic.

I also clearly understand that if I do not follow the Doctors specific recommendations at this clinic that I will not receive the full benefit from the programs offered, and that if I terminate my care prematurely that all fees incurred will be due and payable at that time. I authorize the assignment of all insurance benefits be directed to the Doctor for all services rendered. I also understand any sum of money paid under assignment by any insurance company shall be credited to my account, and I shall be personally liable for any and all of the unpaid balance to the doctor.

I, _____, have read or have had read to me, the above consent. I have also had the opportunity to ask questions about this consent, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions(s) for which I seek treatment.

Signature _____ Date _____
(If under age 18) Parent's signature)

Pregnancy Release

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Date of last menstrual cycle: _____

Signature _____

Date _____

Consent to x-ray:

I hereby grant Alliant Wellness & Chiropractic permission to perform an x-ray evaluation if needed of _____. I understand that x-rays are being performed to locate vertebral subluxation, and not to diagnose or treat any other disease or condition.

Signature
(If under age 18) Parent's signature)

Date

Consent to evaluate and adjust a minor child

I, _____ being the parent of legal guardian of _____ have read and fully understand the above terms of acceptance and hereby grant permission for my child to receive chiropractic care.

Signature

Date

INSURANCE INFORMATION

I clearly understand that all insurance coverage is an arrangement between my insurance carrier and me. If this office chooses to bill any services to my insurance carrier that they are performing these services strictly as a convenience for me. The Doctors office will provide any necessary report or required information to aid in insurance reimbursement of services, but I understand that insurance carriers may deny any claim and that I am ultimately held responsible for any unpaid balances. Any monies received will be credited to my account. I certify that this office visit is not related to any personal injury or worker's compensation case that is active or that has not been closed and finalized.

Signature
(If under age 18) Parent's signature)

Date



Acknowledgement of Receipt of Notice of Privacy Practices

210 Locust St
Princeton WV 24740

I understand and have been provided with the opportunity to review a Notice of Privacy Practices that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges:

- The right to review the notice prior to signing this consent,
- The right to object to the use of my health information for directory purposes, and
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or health care operations.

Appointment Reminders and Health Care Information Authorization

Your chiropractor and members of the practice staff may need to use your name, address, phone number, and your clinical records to contact you with appointment reminders, information about treatment alternatives, or other health related information that may be of interest to you. If this contact is made by phone and you are not at home, a message will be left on our answering machine. By signing this form, you are giving us authorization to contact you with these reminders and information.

Patient Signature: _____

Date: _____

If not signed by the patient, please indicate relationship.

- Parent or guardian of minor patient
- Guardian or conservator of an incompetent patient
- Beneficiary or personal representative of deceased patient

Name of Patient: _____

For Office Use Only:

Signed form received by: _____

Acknowledgement refused: (Efforts to Obtain/ Reasons for refusal)

